## 7<sup>th</sup> Dan Curriculum for Grading



Current Level	Testing Categories	
Keub	Gumbub	
4 <sup>th</sup> Keub	Umyang 5	
3 <sup>rd</sup> Keub	Umyang 6	
2 <sup>nd</sup> Keub	Umyang 7	
1 <sup>st</sup> Keub	Umyang 5 - 7	
*** Preliminary Testing ***		

## 7th Dan Testing

Sword: Jingum	Examiner: European Haidong Gumdo® Association Official
	❖ Determination Test: Kimase Danjeon Haenggong 45 minutes
	❖ Technical Test:
	Umyang 5 - 7
7 <sup>th</sup> Dan	Bonguk 1 - 7, two gumbubs randomly selected by examiner(-s)
	Jangbaek 1 - 7, two gumbubs randomly selected by examiner(-s)
	❖ Theory Test: Written Essay of 35 pages
	❖ Basic Fitness Test: 72x Push-Ups
	❖ Minimum training period and age: 108 months & 45 years

- In the event of failing only one of the testing categories, a re-test shall be done for the failed part only after minimal 1 month
- In the event of failing more than one of the testing categories, a complete re-test shall be done after minimal 3 months