

1st Dan Curriculum for Grading



Current Level	Testing Categories			Minimum Training Period
Keub	Gumbub	Baldo-Chakgum / Kyukgum	Cutting	
Cho Keub - Beginner Level				
9 th Keub	Basic Movements Ssangsoo 1	Ssangsoo B-Chakgum 1 Ssangsoo Kyukgum 1	Candle: 1 (20 chances)	Minimum 4 months
8 th Keub	Ssangsoo 2	Ssangsoo B-Chakgum 2 Ssangsoo Kyukgum 2	Candle: 1 (15 chances)	Minimum 4 months
7 th Keub	Ssangsoo 3	Ssangsoo B-Chakgum 3 Ssangsoo Kyukgum 3	Candle: 1 (10 chances)	Minimum 4 months
Jung Keub - Intermediate Level				
6 th Keub	Ssangsoo 4	Ssangsoo B-Chakgum 4 Ssangsoo Kyukgum 4	Candle: 2 (20 chances)	Minimum 4 months
5 th Keub	Ssangsoo 5	Ssangsoo B-Chakgum 5 Ssangsoo Kyukgum 5	Candle: 2 (15 chances)	Minimum 4 months
4 th Keub	Ssangsoo 6	Ssangsoo B-Chakgum 6 Ssangsoo Kyukgum 6	Candle: 2 (10 chances)	Minimum 4 months
Goh Keub - Advanced Level				
3 rd Keub	Ssangsoo 7	Ssangsoo B-Chakgum 7 Ssangsoo Kyukgum 7	Paper: Left Cut (4 chances, 14 pts)	Minimum 4 months
2 nd Keub	Ssangsoo 8	Ssangsoo B-Chakgum 8 Ssangsoo Kyukgum 8	Paper: Left Cut (4 chances, 15 pts)	Minimum 4 months
1 st Keub	Ssangsoo 1-8	Ssangsoo B-Chakgum 1-8 Ssangsoo Kyukgum 1-8	Paper: Left Cut (4 chances, 16 pts)	Minimum 4 months

*** Preliminary Testing ***

1st Dan Testing

Sword: Mokgum | Examiner: National Association Headmaster

1st Dan	❖ Determination Test: Kimase Danjeon Haenggong 15 minutes			
	❖ Technical Test:			
	Ssangsoo 1-8	Ssangsoo B-Chakgum 1-8 Ssangsoo Kyukgum 1-8	Paper: Left Cut (4 chances, 17 pts)	Minimum 36 months
	❖ Theory Test: Basic Haidong Gumdo® Theory and Vocabulary			
	❖ Basic Fitness Test: 24x Push-Ups			

In the event of failing one or more of the testing categories, a re-test shall be done for the failed part(-s) only after minimal 1 month